

# PROGRAMS, ACTIVITIES AND CLASSES AT THE RECREATION COMPLEX

4455 Sol Press Blvd, Coconut Creek, 33073 – 954-956-1580

Updated 2/2/12

## For Ages 0 to 5 Years

### Party Programmers

Let our recreational programmers plan your child's next birthday event at the Community Center, Rowe Center or Recreation Complex.

For children ages 2 to 12, Saturdays,

Two times from which to choose: 10:00 a.m. to 12:00 p.m. or 2:00 p.m. to 4:00 p.m.

Cost: \$175 for residents, \$200 for non-residents

Space limited to 20 children and based on availability

You provide all party supplies, food, refreshments, favors

Two themes:

Younger children (2 to 5) will have a toy themed party with staff led activities

Older children (6 to 12) will have sport themed party with staff led activities

Both themes allow for 2 hours inside the building with table and chairs provided

Register at the Community Center, 1100 Lyons Road (954-545-6670) or Recreation Complex, 4455 Sol Press Blvd (954-956-1580) at least two weeks prior to the program date chosen.

### Tiny Tots Play Time

This is a special time set aside for children between the ages of 6 months and 3 years, to utilize the gymnasium with their parent/guardian. The children will use balls, mats and tunnels and listen to music. Parent participation is mandatory. Registration is ongoing until the program is filled. This is a 6-week program.

Wednesdays, January 4 to February 8, from 9:30 a.m. to 10:30 a.m. at the Recreation Complex.

Cost is \$5 for residents, \$10 for non-residents for the session or a daily fee of \$2 for residents, \$4 for non-residents. 954-956-1580.

### 60 Minutes of Play – Let's Move

Program is for children ages 5 to 10. Children will join the recreation staff in a variety of indoor and outdoor games and activities that will keep them moving. These fun classes will help develop gross motor skills and coordination along with interaction and game play with other children.

Fridays, January 6 to February 10, from 3:30 p.m. to 4:30 p.m. at the Recreation Complex.

Cost is \$20 for residents, \$30 for non-residents. Register through December 31 or when class is filled. 954-956-1580.

### Tiny Tots Arts & Crafts

Program is for children ages 18 months to 3 years and parent must stay with child. This four week program is designed to teach and introduce children to various arts & crafts projects that will enhance their imagination and fine motor skills.

Cost is \$35 for residents, \$45 for non-residents and includes all needed supplies.

Thursdays, January 19 to February 9, from 10:00 a.m. to 10:45 a.m. at the Recreation Complex.

Register through January 5. Program is limited to 10 participants, 954-956-1580.

### Toddler Math Time

Program is for children ages 2 to 4, where they will learn numbers with simple addition and subtraction as well as colors and shapes. Parent participation is mandatory.

Fridays, January 20 to February 10, from 10:00 a.m. to 10:45 a.m. at the Recreation Complex.

Cost is \$25 for residents, \$35 for non-residents. Register through January 5 and the class is limited to 10 participants. 954-956-1580.

### **Let's Move, Learn and Play**

Program is for boys and girls, ages 18 months to 30 months and is a parent-child, instructional based, hands on class designed to teach each child through play with numbers, colors, shapes, letters and more in a structured and fun setting.

Mondays, January 23 to March 5, from 10:00 a.m. to 11:00 a.m. at the Recreation Complex. There will be no class on February 20.

Fee is \$30 for residents and \$40 for non-residents. Walk-in and online registration is through January 20. Class is limited to 10 participants. 954-956-1580.

### **Girls Pee Wee Tap**

Program is for girls ages 2 ½ to 8 years. Each participant will learn the basics of tap and will perform a recital at the end of the 10-week session. Each participant will receive one outfit. Classes held at Recreation Complex.

Session 1: Mondays (2 ½ to 3 years): January 30 to April 30, from 4:00 p.m. to 4:45 p.m.

Session 2: Tuesdays (4 to 5 years): February 7 to April 17, from 4:00 p.m. to 5:00 p.m.

Session 3: Thursdays (6 to 8 years): February 9 to April 19, from 4:00 p.m. to 5:00 p.m.

Cost is \$50 per child for residents, \$60 per child for non-residents. Registration is through January 7 or until 16 participants are registered. 954-956-1580.

### **Finger Paints & Coffee**

Come out and spend some time with your child having fun coloring and creating finger painted works of art. Coffee, light snack and juice will be provided. Program is for children ages 2 to 5 years old and their parent/guardian. Both sessions held at Recreation Complex.

Session 1: Tuesdays, February 7 to 28, from 10:15 a.m. to 11:00 a.m.

Session 2: Tuesdays, March 20 to April 10, from 10:15 a.m. to 11:00 a.m.

Cost is \$5 for residents, \$10 for non-residents. Registration is ongoing until filled. Space is limited to the first 10 participants per class. 954-956-1580.

### **Valentine Crafters**

Hands-on class to teach boys and girls, ages 3 to 5, how to create special, practical and visually appealing Valentine gifts, trinkets and surprise goodies for their loved ones.

Friday, February 10, from 3:30 p.m. to 5:30 p.m. at the Recreation Complex.

Fee is \$25 for residents, \$35 for non-residents. Online/walk-in registration through February 4. 954-956-1580.

### **Pee Wee Hip Hop**

Program is for boys and girls, ages 4 to 7 to learn the basics of hip hop and perform a recital at the end of the 10-week session.

Wednesdays, February 15 to April 18, from 3:30 p.m. to 4:30 p.m. at the Recreation Complex.

There will be a performance on Saturday, April 21, at 2pm in the gymnasium.

Register through February 3. Cost is \$50 per child for residents, \$60 for non-residents and the cost includes hip hop pants and shirt. 954-956-1580.

### **Toddler Alphabet Time**

Program is for children ages 2 to 4 to learn letters of the alphabet as well as colors and shapes. Parent participation is mandatory.

Thursdays, March 1 to 29 (no class on March 15), from 10:00 a.m. to 10:45 a.m. at the Recreation Complex.

Cost is \$25 for residents, \$35 for non-residents. Register through February 17. Space limited to 10 participants. 954-956-1580.

### **Little Hands, Little Treasures**

Program is for children ages 18 months to 3 years old, with parent or guardian participation required. Participants will create beautiful works of art using their little hands.

Fridays, March 2 to 30 (no class on March 16), from 10:00 a.m. to 10:45 a.m. at Recreation Complex.

Register through February 17. Program limited to 10 participants. Cost is \$35 for residents and \$45 for non-residents. 954-956-1580.

## **For Ages 6 to 13**

### **Youth Club**

For boys and girls, ages 11 to 14 (Middle School Students Only)

Activities include basketball, dodge ball, movie nights, volunteer opportunities and much more.

The program is free, excluding specialized activities and field trips.

Fee: Free to residents/ \$10.00 annual fee for non-residents

When: Fridays 5:30 p.m. to 7:30 p.m. @ the Rec. Complex.

### **Shotokan Karate**

Taught at Recreation Complex, 4455 Sol Press Blvd.

Ages 5 and up and levels.

Students will be tested accordingly to their level and ability.

Students must wear proper karate attire such as ghee, shorts and loose clothing.

Space is limited.

Beginner & Intermediate class (White thru Green Belts) for children ages 5 years to adults:

Tuesdays & Thursdays, 6:00 p.m. to 7:00 p.m. Blvd.

Advanced Class (Brown & Black Belts) all ages:

Tuesdays & Thursdays, 7:00 p.m. to 8:30 p.m.

Cost for 1-month session:

Children: \$60; Adults: \$70; Family Members: \$50.

Cost for 3-month session:

Children: \$100; Adults: \$120; Family members: \$70.

There will be no refunds issued after first week of class. Participants can register at any time for one-month sessions. Register with the instructor before the start of class.

For further information, please contact Tom Leeman (instructor) at 561-703-5367.

### **Party Programmers**

Let our recreational programmers plan your child's next birthday event at the Community Center, Rowe Center or Recreation Complex.

For children ages 2 to 12, Saturdays,

Two times from which to choose: 10:00 a.m. to 12:00 p.m. or 2:00 p.m. to 4:00 p.m.

Cost: \$175 for residents, \$200 for non-residents

Space limited to 20 children and based on availability

You provide all party supplies, food, refreshments, favors

Two themes:

Younger children (2 to 5) will have a toy themed party with staff led activities

Older children (6 to 12) will have sport themed party with staff led activities

Both themes allow for 2 hours inside the building with table and chairs provided

Register at the Community Center, 1100 Lyons Road (954-545-6670) or Recreation Complex, 4455 Sol Press Blvd (954-956-1580) at least two weeks prior to the program date chosen.

### **Beginner Zumba**

For ages 12 and older

Zumba fitness combines aerobic exercise with Latin moves. Learn to dance Salsa, Merengue, Samba, Reggeaton, Cumbia and more, while super cardio is pumping your mind, body and soul  
Mondays, from 6:15 p.m. to 7:15 p.m.

Wednesdays, from 6:15 p.m. to 7:15 p.m.

Fridays, from 6:00 p.m. to 7:00 p.m.

Space is limited. Cost: \$8.00 per class or \$70.00 for 10 classes. Please bring exact change. All participants must sign a waiver. Anyone under 18 must have parent/guardian complete waiver  
Arrive 15 minutes before each class to register with instructor. For further information, contact instructor Cheryl Gomes at 954-461-1177 or [lovetozumba@hotmail.com](mailto:lovetozumba@hotmail.com).

### **Intermediate Zumba**

For ages 12 and older

Zumba fitness combines aerobic exercise with Latin moves. Learn to dance Salsa, Merengue, Samba, Reggeaton, Cumbia and more, while super cardio is pumping your mind, body and soul  
For ages 12 and older. Zumba fitness combines aerobic exercise with Latin moves. Learn to dance Salsa, Merengue, Samba, Reggeaton, Cumbia and more, while super cardio is pumping your mind, body and soul.

Mondays, Wednesdays and Thursdays, from 7:30 p.m. to 8:30 p.m.

Saturdays, 9:30 a.m. to 10:30 a.m.

Space is limited. Cost: \$8.00 per class or \$70.00 for 10 classes. Please bring exact change. All participants must sign a waiver. Anyone under 18 must have parent/guardian complete waiver  
Arrive 15 minutes before each class to register with instructor. For further information, contact instructor Cheryl Gomes at 954-461-1177 or [lovetozumba@hotmail.com](mailto:lovetozumba@hotmail.com)

### **60 Minutes of Play – Let’s Move**

Program is for children ages 5 to 10. Children will join the recreation staff in a variety of indoor and outdoor games and activities that will keep them moving. These fun classes will help develop gross motor skills and coordination along with interaction and game play with other children.

Fridays, January 6 to February 10, from 3:30 p.m. to 4:30 p.m. at the Recreation Complex.

Cost is \$20 for residents, \$30 for non-residents. Register through December 31 or when class is filled. 954-956-1580.

### **Winter Painters**

This program is for boys and girls, ages 7 to 12 and is designed to teach how to paint using acrylic water colors and oil paints. The children will focus on mixing, tinting and shading colors to produce beautiful and unique landscape, still life, and abstract pictures. Participants will learn about different famous artists and their styles in the process.

Tuesdays, January 10 to February 14, from 5:30 p.m. to 7:30 p.m. at the Recreation Complex.

Register through December 24. Cost is \$60 for residents, \$70 for non-residents. Space is limited to the first 12 participants. Each participant is asked to bring an apron/smock to each class.  
954-956-1580.

### **Read, Think and Discuss!**

This program is designed to help middle school students, ages 10 to 14, with their reading and comprehension skills. The program will cover current reading material for middle school students.

Fridays, January 27 to February 17, from 4:30 p.m. to 5:30 p.m., at the Recreation Complex.

Registration is ongoing for this free program and it is open to the first 12 participants. 954-956-1580.

### **Kids in Motion**

This 4-week program is to teach boys and girls, ages 8 to 13, how to enjoy getting fit while jamming to their favorite tunes. Space is limited to 15 participants.

Saturdays, January 28 to February 18, from 1:30 p.m. to 2:30 p.m. at the Recreation Complex.

Cost is \$20 for residents, \$30 for non-residents. Registration is ongoing until class is full. All registrants must register at least 15 minutes prior to class start time, no exceptions. 954-956-1580.

### **Girls Pee Wee Tap**

Program is for girls ages 2 ½ to 8 years. Each participant will learn the basics of tap and will perform a recital at the end of the 10-week session. Each participant will receive one outfit. Classes held at Recreation Complex.

Session 1: Mondays (2 ½ to 3 years): January 30 to April 30, from 4:00 p.m. to 4:45 p.m.

Session 2: Tuesdays (4 to 5 years): February 7 to April 17, from 4:00 p.m. to 5:00 p.m.

Session 3: Thursdays (6 to 8 years): February 9 to April 19, from 4:00 p.m. to 5:00 p.m.

Cost is \$50 per child for residents, \$60 per child for non-residents. Registration is through January 7 or until 16 participants are registered. 954-956-1580.

### **Zumbatomic – Ages 8 to 12**

This program is for girls and boys ages 8 to 12 and combines dance and fitness moves to Latin and international music. There is no parent participation for this class.

Saturdays, January 21 to February 25, from 12:30 p.m. to 1:15 p.m. at the Recreation Complex.

Fee is \$35 for residents, \$45 for non-residents. Registration is on-going until filled. Maximum number is 15. 954-956-1580.

### **Black History Month Art Workshops**

Workshops are for children ages 6 to 12. The crafts they will make include an African Bowl and an inspired wall tapestry. Workshops held at the Recreation Complex.

Workshop 1: Wednesday, January 25, from 5:30 p.m. to 7:30 p.m.

Workshop 2: Thursday, January 26, from 5:30 p.m. to 7:30 p.m.

Pre-registration is required and is on a first-come, first-served basis and ends January 20. Fee is \$30 for residents, \$40 for non-residents. You can register online at [www.coconutcreek.net/webtrac](http://www.coconutcreek.net/webtrac) or stop into the Recreation Complex. 954-956-1580.

### **Valentine Crafters**

Hands-on class to teach boys and girls, ages 6 to 11, how to create special, practical and visually appealing Valentine gifts, trinkets and surprise goodies for their loved ones.

Thursday, February 9, from 5:30 p.m. to 7:00 p.m. at the Recreation Complex.

Fee is \$25 for residents, \$35 for non-residents. Online/walk-in registration through February 4. 954-956-1580.

### **Pee Wee Hip Hop**

Program is for boys and girls, ages 4 to 7 to learn the basics of hip hop and perform a recital at the end of the 10-week session.

Wednesdays, February 15 to April 18, from 3:30 p.m. to 4:30 p.m. at the Recreation Complex.

There will be a performance on Saturday, April 21, at 2pm in the gymnasium.

Register through February 3. Cost is \$50 per child for residents, \$60 for non-residents and the cost includes hip hop pants and shirt. 954-956-1580.

### **Home School Medical & Health Science Class for 7<sup>th</sup> to 9<sup>th</sup> Grades**

This class will provide an overview of anatomy and physiology and students will develop an understanding of medicine and disease prevention. The class is taught by a Registered Nurse with 21 years of experience in Emergency Medicine. It is suitable for all students interested in health or human biology. All classes are held at the Recreation Complex. All participants must sign a waiver form and a parent/guardian must complete a form.

Thursdays, April 12 through May 17, from 11:00 a.m. to 2:00 p.m.

Cost is \$90 for the 6-week program. Call Denise Thompson at 954-757-5186.

## Youth Programs for ages 14 to 17

### **VOLUNTEER OPPORTUNITIES FOR HIGH SCHOOL STUDENTS**

Do you need volunteer hours to graduate high school? Stop by the Recreation Complex, 4455 Sol Press Blvd. with your parent/guardian to register for volunteering with our recreation/athletic programs. Make sure to bring in your tier sheet from your school's Guidance Counselor. Volunteer hours for high school students will only be given for obtaining hours for graduation. Contact the Recreation Complex for further information at 954-956-1580.

### **Youth Club**

For boys and girls, ages 11 to 14 (Middle School Students Only)  
Activities include basketball, dodge ball, movie nights, volunteer opportunities and much more. The program is free, excluding specialized activities and field trips.  
Fee: Free to residents; \$10.00 annual fee for non-residents  
When: Fridays 5:30 p.m. to 7:30 p.m. @ the Rec. Complex.

### **3 vs. 3 Wiffle Ball League**

The league is open to everyone ages 14 and older.  
Tuesdays, January 10 to April 3. Games will be at 7:00 p.m., 8:00 p.m. and 9:00 p.m.  
Cost is \$125 per team. There will be a maximum of 12 teams in the league, with a maximum of 4 players per team and minimum of 2 players per teams. Register through January 6 or when league is filled. Registration is also available on webtrac through the city's website. 954-956-1580.

## Senior Activities

### **Forever Fit**

A slow tempo class designed to improve activities of daily living. Focus is on stretching, balance and coordination  
Tuesdays, 9:45 a.m. to 10:45 a.m.  
Free to fitness members, \$6 for residents, and \$8 for non-residents. 954-545-6650

## Fitness Classes

### **Personal Training**

All active fitness members can now get personal attention from one of our certified personal trainers.  
Sessions are 30 minutes and cost \$20. Trainers will adjust machines, set the weights, teach/correct proper lifting techniques, provide instruction, supervision and motivation.  
Sign up at either fitness center and bring bottled water and a towel.  
954-545-6688 (Community Center) or 954-545-6650 (Recreation Complex)

### **Personal Training for Non-Fitness Club Members**

You no longer need to be a member of the Coconut Creek Fitness Centers to take advantage of our nationally certified personal trainers. Program is available at both the Recreation Complex Fitness Center and the Community Center Fitness Center.  
Residents of Coconut Creek who are not members will pay \$6 for a daily fee plus \$20 for a half hour session. Non-residents will pay \$8 for the daily fee plus \$20 for a half hour session. 954-545-6650.

### **Healthways – Forever Fit**

A funded fitness benefit for eligible members to enjoy a basic membership. The program allows insurance members to be identified by their insurance cards, which are presented upon membership enrollment at participating fitness centers. To find out if you qualify, check with your Health Insurance plan or visit the South Fitness Center at Community Center or North Fitness Center at Recreation Complex. Call 954-545-6650 or 954-545-6688 for information.

### **Silver Sneakers Program**

If you are a Medicare-eligible member of a health plan you may be able to receive a free Fitness Membership with the City of Coconut Creek Fitness Centers through the SilverSneakers Program. To find out more, call 954-545-6650 at the Recreation Complex (4455 Sol Press Blvd) or call 954-545-6688 at the Community Center (1100 Lyons Road).

### **Yogalates**

A blend of postures that focus on flexibility, balance, posture and strength  
7:30 p.m. to 8:30 p.m., Tuesdays  
Free to fitness members, \$6 for residents, and \$8 for non-residents  
954-545-6650

### **Step Aerobics**

Intermediate/advance aerobics class that contains complex choreography around a step bench  
Tuesdays, 6:15 p.m. to 7:15 p.m. and Sunday mornings, 10:00 a.m. to 11:00 a.m.  
Free to fitness members, \$6 for residents, and \$8 for non-residents

### **Body Sculpting**

A total body workout that incorporates calisthenics and weight lifting to improve muscular endurance and strength  
Mondays, 6:15 p.m. to 7:15 p.m. and Saturdays, 11:00 a.m. to 12:00 p.m.  
Free to fitness members, \$6 for residents, and \$8 for non-residents

### **20/20/20**

A high-energy fitness class combined with variety...20 minutes of weights, 20 minutes of cardio and 20 minutes of stretching and core training  
Mondays and Wednesdays, 7:30 p.m. to 8:30 p.m.  
Free to fitness members, \$6 for residents, and \$8 for non-residents

### **Kickboxing**

Designed for all fitness levels, this action packed class puts you in the ring. Choreographed boxing moves and basic training techniques strengthen your heart and your muscles in one energetic class. Great overall conditioning class  
Thursdays, 6:15 p.m. to 7:15 p.m.  
Free to fitness members, \$6 for residents, and \$8 for non-residents

### **Pilates**

A mat class based on Pilates principles, which focus on using the core muscles as the foundation for movement. Exercises are designed to promote balance and coordination while increasing strength and flexibility  
6:15 p.m. to 7:15 p.m. Wednesdays  
Free for fitness members, \$6 for residents and \$8 for others  
954-545-6650

### **Forever Fit**

A slow tempo class designed to improve activities of daily living. Focus is on stretching, balance and coordination  
Tuesdays, 9:45 a.m. to 10:45 a.m.

Free to fitness members, \$6 for residents, and \$8 for non-residents

### **Shotokan Karate**

Taught at Recreation Complex, 4455 Sol Press Blvd.

Ages 5 and up and levels.

Students will be tested accordingly to their level and ability.

Students must wear proper karate attire such as ghee, shorts and loose clothing.

Space is limited.

Beginner & Intermediate class (White thru Green Belts) for children ages 5 years to adults:

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For further information, please contact Tom Leeman (instructor) at 561-703-5367.

### **Beginner Zumba**

For ages 12 and older.

Zumba fitness combines aerobic exercise with Latin moves. Learn to dance Salsa, Merengue, Samba, Reggeaton, Cumbia and more, while super cardio is pumping your mind, body and soul.

Mondays, from 6:15 p.m. to 7:15 p.m.

Wednesdays, from 6:15 p.m. to 7:15 p.m.

Fridays, from 6:00 p.m. to 7:00 p.m.

Space is limited. Cost: \$8.00 per class or \$70.00 for 10 classes. Please bring exact change. All participants must sign a waiver. Anyone under 18 must have parent/guardian complete waiver. Arrive 15 minutes before each class to register with instructor. For further information, contact instructor Cheryl Gomes at 954-461-1177 or [lovetozumba@hotmail.com](mailto:lovetozumba@hotmail.com)

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For ages 12 and older.

Zumba fitness combines aerobic exercise with Latin moves. Learn to dance Salsa, Merengue, Samba, Reggeaton, Cumbia and more, while super cardio is pumping your mind, body and soul.

Mondays, Wednesdays and Thursdays, from 7:30 p.m. to 8:30 p.m.

Saturdays, 9:30 a.m. to 10:30 a.m.

Space is limited. Cost: \$8.00 per class. Please bring exact change. All participants must sign a waiver. Anyone under 18 must have parent/guardian complete waiver.

Arrive 15 minutes before each class to register with instructor. For further information, contact instructor Cheryl Gomes at 954-461-1177 or [lovetozumba@hotmail.com](mailto:lovetozumba@hotmail.com)

### **Ping Pong Open Play**

Ping Pong Open Play is offered to participants ages 18 and older.

The game room has two Ping Pong tables and is open to the public to play recreational and competitive ping pong. Tables are on a first-come, first-serve basis and space is limited.

Matches are on Wednesdays, January through March, from 7:00 p.m. to 9:30 p.m.

Player fee per night is \$2 for residents, \$4 for non-residents. Current Coconut Creek Fitness members are free. Sign in and payment is accepted at the Recreation Complex front desk each night. 954-956-1580.

### **Zumbatomic – Ages 8 to 12**

This program is for girls and boys ages 8 to 12 and combines dance and fitness moves to Latin and international music. There is no parent participation for this class.

Saturdays, January 21 to February 25, from 12:30 p.m. to 1:15 p.m. at the Recreation Complex. Fee is \$35 for residents, \$45 for non-residents. Registration is on-going until filled. Maximum number is 15. 954-956-1580.

## **City Run Athletic League Programs**

### **3 vs. 3 Wiffle Ball League**

The league is open to everyone ages 14 and older.

Tuesdays, January 10 to April 3. Games will be at 7:00 p.m., 8:00 p.m. and 9:00 p.m.

Cost is \$125 per team. There will be a maximum of 12 teams in the league, with a maximum of 4 players per team and minimum of 2 players per teams. Register through January 6 or when league is filled. Registration is also available on webtrac through the city's website. 954-956-1580.

### **Men's Spring Basketball League**

All games will be played at the Recreation Complex, 4455 Sol Press Blvd.

Thursdays, February 16 to May 3. Games played at 7:00 p.m., 8:00 p.m. and 9:00 p.m. Fee is \$500 per team. Register through February 11 or until 6 teams are registered. Fee must be paid in full at registration. Players must be at least 17 years of age. 954-956-1580.

### **Men's 30 and Older Basketball League**

This league is for Men 30 and older and all games will be played at the Recreation Complex. 4455 Sol Press.

Mondays, March 19 to June 11. Games are at 7:00 p.m., 8:00 p.m. and 9:00 p.m. Fee is \$500 per team. Registration ends on March 10 or when the first 6 teams register. Fee must be paid in full at registration. 954-956-1580.

### **9 vs. 9 Men's Soccer League Registration**

League is open to men 30 and older. All games will be played at Sabal Pines Park, 5005 NW 39 Avenue.

Wednesdays, March 7 to June 6. Games are at 6:15 p.m., 7:30 p.m. and 8:45 p.m. Game times are subject to change.

Fee for each team is \$450. Each team may have 9 to 15 players. League is limited to 8 teams. Teams must wear matching/numbered uniforms. Team captain must inform staff of shirt color and team name when registering.

Register through February 24 at the Recreation Complex, 4455 Sol Press Blvd. Team fee must be paid in full at registration and registration is based on a first come first served basis. 954-956-1580.

## **Special Events at the Recreation Complex**

**None at this time**

### **Other**

#### **Adult Acrylic Painting Class**

For ages 18 and older who will learn to use acrylic paints to create beautiful works of art on canvas. Classes are beginner to intermediate level and are intended to be a therapeutic outlet as well as a great way to bring out your creative side. Classes held at Recreation Complex.

Session 4: Monday, February 13, from 6:30 p.m. to 9:30 p.m.

Cost is \$25 per session for residents, \$35 for non-residents. Cost includes supplies. 954-956-1580.